

## HISTORY AND PHYSICAL EXAMINATION FORM

PARENT OR GUARDIAN: Please complete this section prior to seeing physician.

Student's Name: \_\_\_\_\_ Birthdate \_\_\_\_\_  
(Last) (First) (Initial)

Parent/Guardian \_\_\_\_\_

Grade \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_ School (If Known) \_\_\_\_\_

### PAST HISTORY

Please CHECK (✓) if your child has ever had -

Red Measles	Other (Specify)	
German Measles	Serious Accident:	
Epilepsy	Surgery (Specify)	
Mumps	Allergies (Specify)	
Asthma	For kindergarten age and under . .	
Heart Disease		
Diabetes	At what age did your child:	
Scarlet Fever	Sit Alone	
Rheumatic Fever	Walk Alone	
Chicken Pox	Talk Words	
High Temperature	Talk Sentences	
Convulsions	Bladder Train	
	Bowel Train	

### CURRENT HISTORY

Please CHECK (✓) if you have noticed any of these problems recently -

Poor Vision	Frequent Sore Throat	
Dizziness	Joint Pains	
Fainting Spells	Bladder Problems	
Abdominal Pain	Bowel Problems	
Allergy	Bleeds Easily	
Persistent Cough	Clumsy	
Speech Difficulty	Thumb Sucking	
Physical Handicap	Asthma	
Trouble Sleeping	Tires Easily	
Hard of Hearing	Other (Specify)	
Shortness of Breath		
Ear Trouble (3 or more times a year)		
Strep Throat (3 or more times a year)		

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**PHYSICIAN: Please complete this section.**

<b>Tests</b>	Measurements Give Exact Value	
Indicate: Normal (N) Abnormal (Ab)	Blood Pressure	
If Abnormal include comments below N/Ab	Height	
	Weight	
Hemoglobin/Hematocrit	Vision: R20/ L/20	
Urine	Hearing: R _____ L _____ w hearing aid Yes No	
Other (Specify)	Was standardized developmental screening administered? Yes No Results _____	
Ongoing Therapies and Medications - Specify Type and Dose		
Immunizations given at this exam _____		

Examination - Indicate Normal (N) or Abnormal (Ab). If Abnormal include comments below.

	N/Ab	N/Ab
Skin/Lymph		Lungs
Eyes		Abdomen
Ears		Genito-urinary
Nose		Orthopedic-feet
Mouth		Orthopedic-spine
Throat		Neurological
Neck		Speech
Heart		Other (Specify)

There is a condition that may result in an Emergency situation.  
 Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, specify \_\_\_\_\_

PROBLEMS AS INDICATED ABOVE \_\_\_\_\_ RECOMMENDATIONS FOR SCHOOL \_\_\_\_\_

#### HEALTH CLASSIFICATION FOR SCHOOL PROGRAM

- \_\_\_\_\_ 1. Is in excellent health and able to participate in the entire school program.  
 \_\_\_\_\_ 2. There is a condition which may limit participation. (Circle any or all that apply)  
*Classroom Activities Physical Education Competitive Sports (State reason and recommendation above.)*  
 Is the above classification temporary? (Circle One) YES NO If YES, state time \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date of Examination \_\_\_\_\_ Phone \_\_\_\_\_

Physician's Name \_\_\_\_\_ Address \_\_\_\_\_

(Please Print or Type)

The information requested will be used to provide a background for making educational decisions regarding your child. Although physical exams are not mandated by law, we encourage exams prior to grades K, 4, 7. This information is available to school personnel when necessary in working with your son/daughter. Its use and/or release is subject to ISD 279 policy 5710 and the Minnesota Data Privacy Act.